

District Championships
Welcome Stadium
Wednesday May 20 &
Friday May 22, 2009

4:00 pm start
Discus (14 pts)
Beyland- 143'0 (3rd)
Bennett- 153'6 (2nd)

Pole Vault (14 pts)
Arnold- 13'9 (3rd)
B Miller- 13'9 (2nd)

Long Jump (8 pts)
Pennock- 19'1 1/4 (17th)
Harrison- 21'7 1/2* (2nd)

High Jump (0 pts)
Rivera Clack – 5'6
Harrison- 5'8

Shot Put (14 pts)
McGowen- 47'3 1/2 (3rd)
Bennett- 54' 1/4* (2nd)

Running Semis & Finals
110 Hurdles (0 pts)
Morgann- 16.68 (12th)
Melchor- 16.58 (10th)

100 Meters (2 pts)
Daly- 11.80 (10th)
Ehrensberger- 11.73/11.48 (7th)

4 x 800 Relay (2nd- 8 pts) 8:06.15
S Hansford- 59, 2:04.9
Eslinger- 57, 2:05.0
Roberts- 56, 1:54.6
Wooddell- 59, 2:01.3

4 x 200 Relay 1:31.12/1:30.26 (6 pts) 3rd # 5
all time
Ehrensberger- 21.9/21.9
Daly- 23.2/22.9
Overstreet- 22.4/21.8*
Lambdin- 22.8/22.9

1600 Meters (15 pts)
Wright- 4:23.95* (4th)
Roberts- 4:19.58* (1st) #3 all time

4 x 100 Relay (6 pts) 43.22/43.13 3rd
3 all time
Daly- 11.2/11.1
Ehrensberger- 10.5/10.8
Ingham- 10.6/10.0
Melchor- 10.4/10.8

400 Meters (4 pts)
Ifeadi- 52.35/51.57* (5th) New 9th Record
S Hansford- 53.28 (9th)

300 Hurdles (5 pts)
Kern- 41.60 (12th)
Overstreet- 40.45/39.27* (4th)
6.1,4.3,4.4,4.3,4.5,4.5,4.5,4.5,4.6,1.3

800 Meters (18 pts)
Roberts- 2:06.64/1:56.04 (1st)
Wooddell- 2:07.78/1:58.84* (2nd)

200 Meters (3 pts)
Ehrensberger- 23.80 (13TH)
Lambdin- 23.26/22.97* (6th)

4 x 400 Relay (8 pts) 3:24.74/3:20.75 2nd
#5 all time
Overstreet- 50.6/50.8
Kern- 51.7/Ifeadi- 49.6*
Roberts- 50.2/49.9
Wooddell- 51.6/49.9
Alt- Ifeadi & Hansford

3200 Meters (Friday as a final)
Montavon- DQ (ran on line)
Fish- 10:29.25 (5th)

Results
Centerville 129
Dunbar- 97
Lebanon- 88
Middletown- 72
Fairmont & Carroll- 42
Miamisburg- 36
Bellbrook- 33
Beavercreek- 32
Springboro- 25
Marshall- 21
Wilmington- 15
Edgewood- 12
Meadowdale- 8
West Carrollton- 4
Franklin- 3
Belmont- 2

Quote of the Meet:
"Good call on the 800 coach!"
Wooddell to Somerlot after the open 800

Congrats on the 3rd straight District
Championship! Top 4 this week- can you
climb higher?

