

**Fairmont Invitational
Friday May 4, 2007**

4:00 PM

Hammer

Scholes- 158'8 2nd

Frydryk- 144'2 3rd

Krumm- 130'1 5th

Gomez- 131'10* 4th (NFR)

5:00 PM

Discus

Frydryk- 134'6* 7th (Nice PR)

Zapf- 131'2 9th

Long Jump

Pennock- 18'4

Burtenshaw- 18'8

Pole Vault

Adam- 14'0 2nd

Keller- 13'0* 3rd

6:30 PM- Finals

110 Hurdles

Keller- 16.56 7th

100 Meters

None

4x200- 1:32.78 6th

Ingham- 23.3

Ozio- 23.1

Daly- 23.0

Osif- 23.1*

*** Do more full speed sprints pre race.**

1600 Meters

Schmidt- 4:32.61* 6th

Stoecklein- 4:45.11*

4x100- 45.00 6th

Ozio- 10.8*

Daly- 11.5 (knee drive)

Ingham- 10.7

Burtenshaw- 11.6 (knee drive)

400 Meters

Johnson- 51.40 (start faster)4th

Cronley- 49.73* 2nd (#3 all time)

300 Hurdles

Adam- 42.81 7th (sprint between the hurdles!)

800 Meters

Husfelt- 58- 2:01.79*

Knapp- Inj

200 Meters

Johnson- 22.70* 3rd

(great finish)

3200 Meters

DeRussy- 71,74,74,80,80,84,70-

10:13.6*

Wright-

71,76,77,80,81,82,82,70-

10:17.09*

4x400- 3:28.59 3rd

Johnson- 51.1

Ozio- 52.9

Adam- 54.0

Cronley- 50.1

Quote of the Meet

"How many people were in the mile? I just kept seeing guys go by me and thought- oh man how many are there left!"

Robbie after his pr in the fast heat of the mile

Scores-

VB- 97

Lakota West- 95

Centerville- 67

Beavercreek- 62

Northmont- 48

17 teams total

Congratulations to Jeff for moving into 3rd on the 400 list and the 4x800 for going to 4th on the list. Let's get ready to win the GWOC- We are ready!